

Who is the New Era Perpetrator Programme for?

Anyone living in Staffordshire or Stoke-on-Trent that wants to change their abusive behaviour in their relationship.

What support is available?

- One-to-one professional support from qualified specialists in domestic abuse
- Group work-based programmes including:

Changing Direction: an early intervention programme designed as an introduction to understanding the nature of power and control and the practice of behaviour change which can also be used by police as an out of court disposal.

Healthy Relationships Programme: a medium-term programme (up to 12 sessions) of support for behaviour change

theyMatter: a longer-term programme of support (up to 30 sessions) for those causing higher levels of harm to develop and learn strategies to change their behaviour

- Liaison with the integrated victim service to ensure support is available to partners of people being supported by the perpetrator service, and to share information where appropriate to safeguard others.

Where is the programme delivered?

Across Staffordshire and Stoke-on-Trent via community hubs and approved venues. Services will be flexible and delivered according to need.



Is this the right service for you?

- Do you hit, hurt or threaten to harm your partner, children and loved ones?
- Are they frightened of you, or scared by your behaviour?
- Do you insult, belittle or humiliate them?
- Do you try to control them and/or their decision-making?
- Do you control their access to finances?
- Do you affect or control their relationships with their friends and family?
- Do they have to alter their behaviour, as a result of yours?
- Do you struggle to manage your emotions, reactions or behaviour?

If you have answered yes to any of the above, this is abuse.

Support is available to help you change and learn how to control your behaviour, not your loved ones!

What happens if you contact us?

Your involvement is entirely voluntary.

The New Era behaviour change service is confidential. However, we will share details about your participation with the service and any other risk related information with partners and other parties in order to keep individuals safe from harm. Feedback will also be provided to referring agencies should circumstances require.

A caseworker will make contact with you for a non-judgemental discussion to assess your circumstances, level of risk posed to others, your own personal support needs and your motivation to enrol on a programme.

Following assessment, we will recommend the most suitable programme of support, with group-based work our preferred method of delivery for peer support and challenge.

We will identify your wider needs and seek to support you by referring and/or signposting you to other support services.

A support plan will be created together with a Service User Agreement. In this, you will agree to attend regular sessions and have your progress tracked and monitored.

On completion, evaluation will take place that will involve your feedback and insight into the effectiveness of the interventions (short term and longer term).

Opportunities will be made available for you to develop skills by becoming a peer mentor.

Specialist services for children and young people (CYP)

New Era also offers direct support for CYP (17 and under) displaying abusive behaviour towards others.

This is a **free** and **confidential** service delivered by dedicated Behaviour Change practitioners.

Support is available where:

- CYP is abusive towards parent/carer
- CYP is abusive towards their partner in a relationship with another young person.

When working with CYP, we will involve key workers and family members in the assessment where required.

All CYP are assessed by the victim service as we recognise that, for many, this may be learnt behaviour and we need to assess the most appropriate service. If you would like support for a CYP please contact the victim service:

Helpline 0300 303 3778

Email new-era@victimsupport.org.uk



Staffordshire and Stoke-on-Trent Domestic Abuse Perpetrator Programme

Visit our website www.new-era.uk

Services for perpetrators

Helpline **0300 373 5772**

Email behaviour-change@new-era.uk

All services are free and confidential

We will only share information without permission if we are worried about a person's safety, or have a safeguarding concern.



Information for perpetrators of domestic abuse



Website www.new-era.uk

New Era is delivered by Victim Support



Across Staffordshire and Stoke-on-Trent